

Crate stacking is a test of innovative thinking, construction, balance, courage and, above all, effective teamwork. Your group will be divided into two teams that compete against each other to build the tallest tower of crates. With two of your group standing on top as the tower grows, each team must produce ever more inventive ways of getting more crates to the top, as the pair on top become increasingly precariously balanced!

## The aims of this activity are to...

- Introduce the skills of climbing, teamwork, and balance with the necessary equipment.
- Allow each participant to experience the Crate Challenge
- Encourage the participants to set goals and support and encourage each other to achieve those goals.
- provide an opportunity for participants to discuss what they have accomplished.

## Learning Outcomes...

Upon completion of the activity, participants will have:

- Demonstrated they can work within a team to construct and escalate a self-made tower, safely under supervision.
- Used specialist equipment and PPE, understanding its purpose and name.
- Indicated the ability to listen to, understand and act on instructions received.
- Supported their peers throughout the activity and recognised achievements.
- Developed an understanding of associated hazards, been able to assess risks and understood how these may be controlled.
- Contributed to a post-activity review led by the instructor identifying what they did well and then suggested ways to improve.

## Progression...

Some participants may also:

- Improve the quality and consistency of their climbing technique.
- Improve their teamwork.
- Innovate skills within a team.
- Take the initiative in evaluating their performance and that of the group. In addition, participants should also have developed in the following:
  - Interpersonal communication
  - Teamwork
  - Using initiative