

Walk the Walk and The Kepplewray Trust invite you to...

# Changing Seasons!

## A CHRISTIAN ADVENTURE DAY RETREAT

27th September 2024

9:45am - 4:30pm

Restoration for the soul in  
the great outdoors!



- Come and enjoy a day of mountain walking as summer comes to an end.
- Meet with God through time in His creation and guided reflections.
- Leave renewed, rejuvenated and rejoicing.

**Only 12  
spaces...  
Book now!**

### Perfect For You:

- All Dietary needs catered for
- No single person supplement
- Over 18s only
- Easy access from the M6
- £45pp Afternoon Tea included
- Bursaries available
- Mountain Fitness Needed.

### Book at

[www.kepplewray.org.uk/christianretreat](http://www.kepplewray.org.uk/christianretreat)


**If anyone is in Christ, the new  
creation has come. The old has  
gone, the new is here!**

**2 Corinthians 5 v 17**

**EMBRACE THE CHANGE!**

**Find out more from Naomi Heywood**

☎ 07786 037942

 Walk the Walk - Christian  
Retreats in the Outdoors

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**What to expect when you come on retreat...**

## **Friday**

**Arrive from 9:15am and help yourself to a drink whilst you make your packed lunch**

**9.45am - Retreat Welcome Session**

**10.30am - Mountain walk with opportunities for reflection.**

**3.30pm - Afternoon tea**

**4:00pm - Retreat Closing Session**

**You will need to be mountain fit for this retreat.**

## **Why Come?**

- **Space for you and God in the beautiful surroundings of the Kepplewray Centre and the Lake District**
- **A day away from the pressures of daily life to help you reset**

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Book Now!!**

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## **Planned Walking...**



**This retreat is designed to create space for you to meet with God.**

**All activities are optional and the programme may have to change with the weather.**



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**Walk the Walk - Christian Retreats in the Outdoors**



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