

Walk the Walk and The Kepplewray Trust invite you to...

# Mountain High, Valley Low

## A CHRISTIAN ADVENTURE RETREAT

27th-30th August 2026

Restoration for the soul  
in the great outdoors!



Only  
£275

- Come and find refreshment with the Creator and Sustainer of Life in the beauty of His creation.
- Meet with Him through adventurous activities and guided reflections.
- Leave renewed, rejuvenated and rejoicing.

Spaces  
limited, so  
book now!

### Perfect For You:

- Suitable for all fitness levels
- Fully catered for all dietary needs
- No single person supplement
- Easy access from the M6
- £275 pp all inclusive

### Book at

[www.kepplewray.org.uk/christianretreat](http://www.kepplewray.org.uk/christianretreat)  
or

God has said: 'Never will I leave  
you, never will I forsake you'  
Hebrews 13:5  
'...No matter where you are...'

Find out more from Naomi Heywood

📞 07786 037942

📍 Walk the Walk - Christian  
Retreats in the Outdoors

🔗 @walkthewalk\_retreats

**What to expect when you come on retreat...**

**Planned activities include...**

## **Thursday**

Arrive from 3pm - avoid the M6 traffic,  
take time to settle in with tea and cake  
6:30pm - Evening meal  
7:30pm - Retreat Welcome Session  
9.00pm - Optional Compline service

## **Friday and Saturday**

8.00am - Full English Breakfast  
9.00am - Morning activity  
12:30pm - Packed lunch  
1.30pm - Afternoon activity  
6:30pm - Evening Meal  
7:30pm - Bonfire/Evening Walk  
9.00pm - Optional Compline Service

## **Sunday**

8.00am - Full English Breakfast  
9.00am - Reflective walk  
1.00pm - Hot Lunch  
2.00pm - Retreat Closing Session  
2:30pm - Departures



**Only  
£275**

**This retreat is designed to  
create space for you to meet  
with God.**

**All activities are optional and  
the programme may have to  
change with the weather.**

**Spaces limited!**

**Book Now!!**

**For God has said: 'Never will I leave  
you, never will I forsake you'**

**Hebrews 13:5:  
'...No matter where you are...'**

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